



10. Vierlandentriathlon

25. Juni 2005



Ergebnis M / W - Gesamt

Triathlon (1,5 / 40 / 10) Hamburger Meisterschaft

Triathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	289	02:07:36	Heineke	Matthias	1972	AMTV Triathlon Hamburg	GER-HAM	00:18:42	01:09:47	01:28:29	00:39:07	02:07:36	1
2	288	02:08:35	Menk	Christopher-Herms	1985	werk3	GER-HAM	00:16:45	01:09:00	01:25:46	00:42:49	02:08:35	2
3	61	02:10:09	Tychsen	Frederik	1975	Tri Michels Hamburg	GER-HAM	00:20:08	01:10:38	01:30:46	00:39:22	02:10:09	3
4	60	02:11:58	Gunderjahn	Ole	1975	Tri Michels Hamburg	GER-HAM	00:20:39	01:10:32	01:31:11	00:40:47	02:11:58	4
5	169	02:16:33	Benz	Markus	1969	Tri-Michels Hamburg	GER-HAM	00:22:14	01:13:31	01:35:45	00:40:47	02:16:33	5
6	64	02:18:38	Houtrouw	Enno	1980	Tri Michels Hamburg	GER-HAM	00:20:29	01:16:27	01:36:56	00:41:41	02:18:38	6
7	277	02:19:01	Pille	Bernd	1963	TS Harburg	GER-HAM	00:25:16	01:14:27	01:39:44	00:39:17	02:19:01	7
8	92	02:19:14	Freudenberg	Nils	1977	AWV 09 Hamburg	GER-HAM	00:21:45	01:15:12	01:36:58	00:42:16	02:19:14	8
9	258	02:20:14	lhns	Thomas	1962	Tri Michels Hamburg	GER-HAM	00:23:42	01:14:45	01:38:27	00:41:46	02:20:14	9
10	170	02:21:34	Schneider	Sebastian	1968	Tri-Michels Hamburg	GER-HAM	00:24:08	01:18:33	01:42:41	00:38:52	02:21:34	10
11	187	02:22:23	Konrad	Thomas	1967	Tri Michels Hamburg	GER-HAM	00:21:34	01:17:12	01:38:46	00:43:36	02:22:23	11
12	130	02:22:30	Rapp	Wolfram	1956	Tri Michels Hamburg	GER-HAM	00:23:04	01:18:34	01:41:38	00:40:51	02:22:30	12

VFL Börnsen - TSG Bergedorf Haidweg 10a 21039 Börnsen

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
13	266	02:22:58	Meyer	Jan	1976	TT Uni Bw Hamburg	GER-HAM			01:38:47	00:44:11	02:22:58	13
14	234	02:24:21	Lierow	Wolfgang	1970	TT Uni Bw Hamburg	GER-HAM	00:26:06	01:16:29	01:42:35	00:41:45	02:24:21	14
15	122	02:24:24	Thom	Marcus	1969	TS Harburg	GER-HAM	00:26:13	01:15:24	01:41:38	00:42:46	02:24:24	15
16	225	02:24:59	Schön	Christian	1964	Tri Michels Hamburg	GER-HAM	00:25:15	01:14:49	01:40:04	00:44:54	02:24:59	16
17	137	02:25:19	Hojabri	Dr. Kurosch	1963	MSV Hamburg Ärzte	GER-HAM	00:23:00	01:18:28	01:41:28	00:43:50	02:25:19	17
18	252	02:27:32	Lingelbach-Hasch	Rainer	1960	Speedteam - Elbe	GER-HAM	00:28:17	01:16:20	01:44:38	00:42:54	02:27:32	18
19	185	02:28:18	Ewert	Christian	1966	Tri Michels Hamburg	GER-HAM	00:26:29	01:14:44	01:41:13	00:47:05	02:28:18	19
20	97	02:28:42	Steinkühler	Thomas	1957	TUS Holstein Quickborn	GER-HAM	00:25:20	01:18:18	01:43:38	00:45:03	02:28:42	20
21	267	02:29:36	Biemann	Matthias	1971	Tri Michels Hamburg	GER-HAM	00:32:24	01:15:07	01:47:31	00:42:04	02:29:36	21
22	207	02:30:31	Trommer	Bernd	1972	TSG Bergedorf	GER-HAM	00:31:04	01:18:25	01:49:29	00:41:02	02:30:31	22
23	98	02:30:43	Fennert	Michael	1962	TUS Holstein Quickborn	GER-HAM	00:28:33	01:20:01	01:48:35	00:42:08	02:30:43	23
24	257	02:32:20	Hillecke	Kai	1969	Tri Michels Hamburg	GER-HAM	00:29:07	01:15:34	01:44:42	00:47:37	02:32:20	24
25	144	02:32:32	Peppel	Andreas	1978	werk3	GER-HAM	00:23:03	01:16:59	01:40:02	00:52:30	02:32:32	25
26	102	02:34:38	Croissier	René	1950	TUS Holstein Quickborn	GER-HAM	00:28:05	01:22:28	01:50:33	00:44:04	02:34:38	26
27	161	02:35:50	Cervantes-Baumgartner	Manuel	1973	Tri Michels Hamburg	ESP	00:28:29	01:20:46	01:49:16	00:46:34	02:35:50	27
28	134	02:36:16	Groß	Dominique-Pascal	1975	TT Uni Bw Hamburg	GER-HAM	00:26:09	01:20:57	01:47:07	00:49:09	02:36:16	28
29	191	02:38:05	Clorius	Thorsten	1960	Tri Michels Hamburg	GER-HAM	00:28:12	01:18:17	01:46:30	00:51:34	02:38:05	29
30	245	02:39:20	Prätsch	Dr. Ulrich	1947	TSG Bergedorf	GER-HAM	00:38:21	01:15:33	01:53:54	00:45:25	02:39:20	30
31	117	02:41:45	Grussel	Volker	1971	Tri Michels Hamburg	GER-HAM	00:30:19	01:25:11	01:55:30	00:46:14	02:41:45	31

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Triathlon (1,5 / 40 / 10) Hamburger Meisterschaft

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
32	164	02:43:00	Maletzki	Wolfgang	1954	AMTV Triathlon Hamburg	GER-HAM	00:28:01	01:24:07	01:52:09	00:50:50	02:43:00	32
33	236	02:48:57	Ebert	Andreas	1963	Tri-Michels Hamburg	GER-HAM	00:33:21	01:24:43	01:58:04	00:50:53	02:48:57	33
34	290	02:53:41	Dohrn	Frank	1958	AMTV Hamburg	GER-HAM	00:31:59	01:31:35	02:03:34	00:50:06	02:53:41	34
35	101	02:54:25	Bumann	Rolf	1943	TUS Holstein Quickborn	GER-HAM	00:34:38	01:25:58	02:00:36	00:53:48	02:54:25	35
36	107	02:54:40	Gayko	Olaf	1970	Harburger TB	GER-HAM	00:32:05	01:24:22	01:56:28	00:58:12	02:54:40	36

Triathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	139	02:18:28	Krumreich	Antje	1977	Laufwerk-Hamburg e.V.	GER-HAM	00:19:59	01:17:21	01:37:20	00:41:07	02:18:28	1
2	145	02:21:59	Berndt	Sarah	1984	TS Harburg	GER-HAM	00:22:52	01:16:03	01:38:55	00:43:03	02:21:59	2
3	286	02:34:50	Hölzer	Silke	1973	Tri-Michels Hamburg	GER-HAM	00:24:27	01:20:43	01:45:11	00:49:38	02:34:50	3
4	279	02:36:31	Henke	Birte	1970	TS Harburg	GER-HAM	00:28:27	01:18:27	01:46:54	00:49:36	02:36:31	4
5	263	02:38:07	Goldberg	Monika	1973	AMTV Triathlon Hamburg	GER-HAM	00:29:30	01:19:55	01:49:25	00:48:41	02:38:07	5
6	93	02:38:32	Schreiber	Kathrin	1980	TT Uni Bw Hamburg	GER-HAM	00:26:38	01:22:23	01:49:02	00:49:30	02:38:32	6
7	120	02:41:00	Riekmann	Wibke	1973	Wettkampfgemeinschaft Hamburger Hochschulen	GER-HAM	00:25:01	01:23:46	01:48:48	00:52:12	02:41:00	7
8	99	02:42:49	Engelbrecht-Hoch	Martina	1964	TUS Holstein Quickborn	GER-HAM	00:28:02	01:25:51	01:53:54	00:48:55	02:42:49	8
9	125	02:49:15	Marten	Birgit	1976	Tri Michels Hamburg	GER-HAM	00:25:35	01:37:22	02:02:58	00:46:16	02:49:15	9
10	128	02:51:04	Flindt	Cornelia	1970	TS Harburg	GER-HAM	00:26:55	01:27:13	01:54:08	00:56:56	02:51:04	10

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Triathlon (1,5 / 40 / 10) *Hamburger Meisterschaft*

Triathlon TW

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11	103	03:22:10	Baudach-Jäger	Friederun	1956	TUS Holstein Quickborn	GER-HAM	00:34:45	01:49:33	02:24:19	00:57:50	03:22:10	11
12	280	03:22:30	Lee	Jane C.	1973	Tri Michels Hamburg	GER-HAM	00:29:16	01:42:37	02:11:53	01:10:36	03:22:30	12

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