



## 12. Lebensfitness-Vierlanden-Triathlon

30. Juni 2007



### Ergebnis M / W - gesamt

Triathlon  
( 1,5 / 44 / 10 )

#### Triathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	706	02:05:16	Stübs	Andre	1975	MTV Bad Bevensen	GER-HAM	00:19:22	1	01:08:39	1	01:28:01	1	00:37:14	2	02:05:16	1
2	607	02:07:20	Wiebe	Nicholas	1975		GER-HAM	00:19:32	2	01:13:31	4	01:33:04	2	00:34:16	1	02:07:20	2
3	680	02:13:14	Belfort	Bruno	1975		BRA		0		0	01:35:09	4	00:38:04	3	02:13:14	3
4	724	02:13:43	Heineke	Matthias	1972	AMTV Triathlon Hamburg	GER-HAM	00:20:47	2	01:13:33	1	01:34:20	1	00:39:23	1	02:13:43	4
5	642	02:15:05	Jacobsen	Thilo	1973	Tri Michels Hamburg	GER-HAM	00:23:42	3	01:10:31	2	01:34:14	3	00:40:51	5	02:15:05	5
6	500	02:16:06	Schiemann	Roland	1966	Polizei Hamburg	GER-HAM	00:24:41	7	01:10:08	1	01:34:49	1	00:41:17	5	02:16:06	6
7	384	02:18:25	Menke	Harald	1967	Lebensfitness e.V.	GER-HAM	00:24:22	4	01:14:46	4	01:39:08	3	00:39:17	4	02:18:25	7
8	671	02:18:32	Ahrens	Hans-Björn	1979	Team Triathlon Hamburger Hochschulen	GER-HAM	00:25:05	5	01:15:33	2	01:40:39	2	00:37:53	1	02:18:32	8
9	648	02:19:35	Pau	Andreas	1980	Tri Michels Hamburg	GER-HAM	00:21:17	2	01:14:22	1	01:35:40	1	00:43:55	6	02:19:35	9
10	394	02:22:11	Zimmermann	Jens	1964	TV Meckelfeld	GER-NIE	00:24:44	8	01:12:57	2	01:37:41	2	00:44:29	14	02:22:11	10
11	446	02:22:20	Teuber	Till	1966	Lebensfitness e.V.	GER-HAM	00:23:30	1		0		0		0	02:22:20	11
12	711	02:22:31	Zillmer	Frank	1969	Tri Sport Schwerin	GER-MVP	00:21:53	3	01:19:27	9	01:41:21	2	00:41:10	5	02:22:31	12
13	460	02:23:38	Petzel	Dirk	1965		GER-SH		0		0	01:39:33	5	00:44:04	13	02:23:38	13
14	462	02:24:02	Schön	Christian	1964	Lebensfitness e.V.	GER-HAM	00:28:14	17	01:13:37	3	01:41:51	6	00:42:11	7	02:24:02	14
15	645	02:24:55	Rossmann	Dennis	1981	WVC Kassel	GER-HES	00:24:53	3	01:19:31	7	01:44:24	4	00:40:30	2	02:24:55	15

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
16	709	02:25:56	Klindworth	Jan-Hinrich	1988	TuS Finkenwerder	GER-HAM	00:27:43	1	01:16:57	1	01:44:40	1	00:41:15	1	02:25:56	16
17	400	02:26:00	Oettinger	Christian	1967	Tri Michels Hamburg	GER-HAM	00:28:05	16	01:15:02	6	01:43:07	7	00:42:53	9	02:26:00	17
18	725	02:26:05	Gurski	Oliver	1970		GER-NIE	00:26:37	20	01:18:51	6	01:45:28	9	00:40:37	3	02:26:05	18
19	520	02:26:11	Kasper	Matthias	1964	TT HSU Hamburg	GER-HAM	00:24:09	3	01:15:01	5	01:39:10	4	00:47:01	17	02:26:11	19
20	681	02:26:14	Schmidt-Tazir	David	1970	Lebensfitness e.V.	GER-HAM	00:26:56	21	01:15:51	2	01:42:47	3	00:43:26	8	02:26:14	20
21	676	02:26:26	Harder	Sebastian	1977	Triathlon Team UniBw-Hamburg	GER-HAM	00:24:35	5	01:21:39	9	01:46:15	8	00:40:11	4	02:26:26	21
22	521	02:26:30	Kretschmar	Carsten	1965	TT HSU Hamburg	GER-HAM	00:23:53	2	01:20:36	10	01:44:30	9	00:41:59	6	02:26:30	22
23	406	02:26:43	Rapp	Wolfram	1956	Tri-Michels Hamburg	GER-HAM	00:24:46	1	01:19:44	2	01:44:31	1	00:42:11	1	02:26:43	23
24	705	02:27:05	Zaher	Nicholas	1973	Kaifu Tri Team	GER-HAM	00:30:10	12	01:12:28	3	01:42:38	5	00:44:26	9	02:27:05	24
25	715	02:27:14	Kutschka	Gregor	1970		GER-HAM	00:30:12	29	01:16:11	3	01:46:23	12	00:40:51	4	02:27:14	25
26	490	02:27:34	Dose	Karsten	1966	SV Fortuna Bösdorf	GER-SH	00:25:05	11	01:18:52	8	01:43:58	8	00:43:35	12	02:27:34	26
27	495	02:27:40	lhns	Thomas	1962	Tri Michels Hamburg	GER-HAM	00:24:46	3	01:19:04	2	01:43:50	2	00:43:49	4	02:27:40	27
28	685	02:27:50	Klug	Tim	1983	Kaifu Tri Team	GER-HAM	00:22:49	2	01:17:00	1	01:39:50	1	00:48:00	1	02:27:50	28
29	290	02:28:16	Franz	Mario	1978	Team Erdinger	GER-NIE	00:24:53	4	01:19:15	6	01:44:09	3	00:44:06	8	02:28:16	29
30	698	02:28:18	Berghausen	Florian	1977	werk3 Triathlon Hamburg	GER-HAM	00:24:32	4	01:18:30	8	01:43:02	6	00:45:15	11	02:28:18	30
31	674	02:28:25	vom Hofe	Björn	1979	Tri Michels Hamburg	GER-HAM	00:27:01	7	01:17:24	3	01:44:25	5	00:43:59	7	02:28:25	31
32	450	02:28:33	Baur	Gernot	1964	HNT- Triathlon	GER-HAM	00:26:33	15	01:18:37	7	01:45:11	10	00:43:22	11	02:28:33	32
33	643	02:28:40	Pump	Thorsten	1974		GER-HAM	00:25:11	6	01:18:00	7	01:43:11	7	00:45:29	12	02:28:40	33
34	693	02:28:50	Zurek	Oliver	1971	Lebensfitness e.V.	GER-SH	00:26:25	18	01:20:21	11	01:46:47	13	00:42:03	6	02:28:50	34
35	527	02:28:51	Maas	Andreas	1964	Die "RAUTE"	GER-HAM	00:25:33	12	02:03:10	38	02:28:44	39	00:00:06	1	02:28:51	35
36	718	02:29:38	Bley	Stefan	1971	Tri Michels Hamburg	GER-HAM	00:26:00	17	01:18:09	5	01:44:10	7	00:45:28	12	02:29:38	36
37	679	02:29:44	Voß	Matthias	1970	TV-Meckelfeld	GER-NIE	00:24:12	10	01:19:20	7	01:43:33	5	00:46:10	16	02:29:44	37
38	689	02:30:03	Stoermer	Florian	1977	Lebensfitness e.V.	GER-HAM	00:32:42	15	01:15:32	5	01:48:15	10	00:41:47	6	02:30:03	38

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
39	660	02:30:04	Roters	Stephan	1969	TV kleefeld	GER-HAM	00:30:46	32	01:19:23	8	01:50:10	20	00:39:54	2	02:30:04	39
40	640	02:30:52	Borsutzky	Georg	1970	Tri Michels Hamburg	GER-HAM	00:23:06	6	01:25:27	22	01:48:33	16	00:42:19	7	02:30:52	40
41	533	02:31:03	Dabelstein	Lutz	1961	Triabolos Hamburg	GER-SH	00:27:38	5	01:21:31	4	01:49:10	6	00:41:53	1	02:31:03	41
42	683	02:31:11	Dose	Joachim	1968	SV Fortuna Bösdorf	GER-SH	00:25:29	15	01:19:39	10	01:45:08	8	00:46:03	15	02:31:11	42
43	612	02:31:57	Steinkühler	Thomas	1957	TUS Holstein Quickborn	GER-HAM	00:26:32	2	01:20:22	3	01:46:55	2	00:45:02	4	02:31:57	43
44	652	02:32:07	Byrne	George	1978	Ruderclub Allemannia von 1866	IRL	00:31:44	12	01:17:43	4	01:49:27	8	00:42:39	4	02:32:07	44
45	486	02:32:16	Surenbrock	Dierk	1966	Lebensfitness e.V.	GER-HAM	00:28:29	21	01:21:00	11	01:49:29	14	00:42:47	8	02:32:16	45
46	483	02:32:32	Powierski	Christian	1961	Elmshorner MTV	GER-SH	00:24:23	2	01:23:34	9	01:47:58	4	00:44:33	8	02:32:32	46
47	682	02:32:38	Asbeck	Gunther	1969	SV Polizei Hamburg	GER-HAM	00:27:03	22	01:21:46	13	01:48:49	17	00:43:48	9	02:32:38	47
48	440	02:32:49	Sonnenburg	Volker	1961	Ratzeburger SV -Triathlon	GER-SH	00:28:16	8	01:19:59	3	01:48:16	5	00:44:33	7	02:32:49	48
49	658	02:32:54	Schenk	Lutz	1978	werk3 Triathlon Hamburg	GER-HAM	00:27:16	8	01:20:55	8	01:48:12	6	00:44:42	9	02:32:54	49
50	488	02:33:00	Lingelbach	Rainer	1960	Lebensfitness e.v.	GER-HAM	00:28:22	9	01:15:15	1	01:43:37	1	00:49:22	11	02:33:00	50
51	633	02:33:00	Zorn	Stephan	1968	SG Athletico Büdelsdorf	GER-SH	00:23:22	7	01:23:41	20	01:47:03	14	00:45:56	14	02:33:00	51
52	392	02:33:01	Fennert	Michael	1962	TUS Holstein Quickborn	GER-HAM	00:28:33	11	01:21:43	5	01:50:17	8	00:42:44	2	02:33:01	52
53	386	02:33:16	Kiewitt	Dieter	1954	werk3 Triathlon Hamburg	GER-HAM	00:28:35	5	01:20:31	4	01:49:07	3	00:44:09	3	02:33:16	53
54	455	02:34:14	Schwarz	Holger	1959	SV Polizei Hamburg	GER-HAM	00:26:15	4	01:23:58	13	01:50:13	7	00:44:00	5	02:34:14	54
55	409	02:34:16	Dallmann	Rainer	1959	werk3 Triathlon Hamburg	GER-HAM	00:21:30	1	01:22:34	6	01:44:04	3	00:50:12	17	02:34:16	55
56	613	02:34:26	Oertel	Sven	1970	VFL Pinneberg	GER-SH	00:24:18	11	01:21:15	12	01:45:33	10	00:48:52	23	02:34:26	56
57	723	02:34:53	Jobst	Torsten	1975		GER-HAM	00:27:32	8	01:24:14	11	01:51:47	11	00:43:05	7	02:34:53	57
58	432	02:35:04	Teuber	Andreas	1966		GER-HAM	00:30:23	27	01:34:35	33	02:04:59	31	00:30:05	2	02:35:04	58
59	666	02:35:04	Krenkler	Markus	1972	TS Harburg	GER-HAM	00:25:09	14	01:22:47	15	01:47:57	15	00:47:07	19	02:35:04	59
60	383	02:35:18	Winter	Heiko	1965	VfL Jesteburg	GER-NIE	00:24:31	6	01:22:27	15	01:46:58	12	00:48:19	24	02:35:18	60
61	684	02:35:25	Strecker	Ulrich	1970	werk3 Triathlon Hamburg	GER-HAM	00:23:57	8	01:21:57	14	01:45:54	11	00:49:30	25	02:35:25	61
62	703	02:35:58	Schneider	Peter	1978		GER-HAM	00:30:24	11	01:19:06	5	01:49:31	9	00:46:27	10	02:35:58	62

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## Triathlon ( 1,5 / 44 / 10 )

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
63	412	02:36:29	Sauer	Dirk	1965	Ratzeburger SV	GER-SH	00:24:56	10	01:21:33	14	01:46:30	11	00:49:59	27	02:36:29	63
64	514	02:36:37	Prüß	Jan	1966	Lotticlub	GER-SH	00:24:46	9	01:24:15	18	01:49:01	13	00:47:36	20	02:36:37	64
65	515	02:36:38	Schmutte	Konrad	1965	BSG Beiersdorf	GER-HAM	00:28:23	19	01:25:07	21	01:53:31	20	00:43:07	10	02:36:38	65
66	614	02:36:58	Brede	Christian	1974		GER-HAM	00:28:15	9	01:24:33	12	01:52:49	12	00:44:09	8	02:36:58	66
67	389	02:37:04	Croissier	René	1950	TUS Holstein Quickborn	GER-HAM	00:29:49	1	01:22:41	2	01:52:30	2	00:44:33	2	02:37:04	67
68	641	02:37:15	Wolthausen	Thorsten	1971	TS Harburg	GER-HAM	00:28:04	25	01:23:32	19	01:51:36	22	00:45:38	13	02:37:15	68
69	623	02:37:21	Hagemann	Tom	1973	TSH Team Bergamont	GER-HAM	00:32:20	14	01:15:54	6	01:48:14	9	00:49:07	16	02:37:21	69
70	511	02:37:31	Vogler	Peter	1955	Lebensfitness e.V.	GER-SH	00:31:40	8	01:18:02	1	01:49:43	4	00:47:48	5	02:37:31	70
71	487	02:37:40	Pfaffe	Andreas	1962	Tri Michels Hamburg	GER-HAM	00:28:59	12	01:23:05	8	01:52:04	10	00:45:35	9	02:37:40	71
72	621	02:38:35	Ohlen	Markus	1979	Team Triathlon Hamburger Hochschulen	GER-HAM	00:27:50	9	01:28:26	12	01:56:17	11	00:42:18	3	02:38:35	72
73	630	02:38:47	Fründt	Thorsten	1968		GER-SH	00:16:25	1	01:27:36	29	01:44:02	6	00:54:45	31	02:38:47	73
74	696	02:38:47	Brandt	Thorsten	1969	LTC Berlin	GER-BER	00:25:30	16	01:17:49	4	01:43:20	4	00:55:27	32	02:38:47	74
75	686	02:39:02	Krahn	Vincent Alexander	1989	TSG Bergedorf	GER-HAM	00:30:51	2	01:19:46	2	01:50:37	2	00:48:24	2	02:39:02	75
76	503	02:39:03	Krauße	Mike	1967	Team Lunge Hamburg	GER-HAM	00:30:30	28	01:29:22	27	01:59:53	29	00:39:10	3	02:39:03	76
77	482	02:39:47	Plume	Jürgen	1950	werk3 Triathlon Hamburg	GER-HAM	00:32:50	3	01:19:37	1	01:52:27	1	00:47:19	3	02:39:47	77
78	442	02:40:00	Nebot	Enrique	1964		ESP	00:30:50	29	01:21:12	12	01:52:02	17	00:47:58	21	02:40:00	78
79	629	02:40:04	Poch	Norbert	1968	Ratzeburger SV	GER-SH	00:27:39	23	01:23:29	18	01:51:09	21	00:48:55	24	02:40:04	79
80	638	02:40:17	Riedel	Stephan	1978		GER-HAM	00:19:33	1	01:31:00	14	01:50:33	10	00:49:43	11	02:40:17	80
81	477	02:40:49	Dr.Prätsch	Ulrich	1947	TSG Bergedorf	GER-HAM	00:36:10	2	01:17:16	1	01:53:27	1	00:47:22	1	02:40:49	81
82	721	02:41:10	Hamann	Hanjo	1973		GER-HAM	00:30:23	13	01:23:39	10	01:54:02	13	00:47:07	14	02:41:10	82
83	396	02:41:11	Wittpohl	Wolfgang	1960	Barsbütteler SV	GER-SH	00:29:55	14	01:28:00	16	01:57:55	15	00:43:15	3	02:41:11	83
84	610	02:41:11	Manke	Dirk	1971	Philips LG Hamburg	GER-HAM	00:31:40	35	01:23:07	17	01:54:48	24	00:46:22	17	02:41:11	84
85	657	02:41:16	Smidt	Andre	1973	Kaifu Tri Team	GER-HAM	00:28:46	10	01:26:27	13	01:55:14	14	00:46:01	13	02:41:16	85

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86	484	02:41:22	Ahrens	Reiner	1960	MTV Ashausen	GER-NIE	00:27:49	7	01:23:35	10	01:51:25	9	00:49:57	16	02:41:22	86
87	662	02:41:56	Thorn-Beckmann	Jürgen	1968	Bsv holborn	GER-NIE	00:30:28	31	01:22:55	16	01:53:24	23	00:48:32	22	02:41:56	87
88	639	02:42:10	Michl	Holger	1968	3Maniacs	GER-SH	00:22:40	5	01:27:24	26	01:50:04	19	00:52:05	30	02:42:10	88
89	478	02:42:14	Laue	Jan	1964	Ratzeburger SV	GER-SH	00:28:25	20	01:27:25	25	01:55:51	23	00:46:22	15	02:42:14	89
90	431	02:42:18	Wendland	Volker	1956	Ratzeburger SV	GER-SH	00:33:59	9	01:24:28	5	01:58:28	8	00:43:50	2	02:42:18	90
91	528	02:42:53	Vollhardt	Ulrich	1958		GER-SH	00:30:04	15	01:23:03	7	01:53:07	11	00:49:45	14	02:42:53	91
92	655	02:42:54	Hering	Tim	1971		GER-HAM	00:28:52	26	01:26:44	25	01:55:36	26	00:47:17	20	02:42:54	92
93	518	02:43:20	Behm	Klaus	1962	Lebensfitness e.V.	GER-HAM	00:29:52	13	01:29:18	17	01:59:10	17	00:44:09	6	02:43:20	93
94	380	02:43:45	Mordhorst	Claus	1965	Kaltenkirchener TS	GER-SH	00:30:12	26	01:25:23	23	01:55:36	22	00:48:09	23	02:43:45	94
95	628	02:44:03	Petersen	Björn	1970	USC Kiel	GER-SH	00:32:06	37	01:26:39	24	01:58:45	32	00:45:17	10	02:44:03	95
96	387	02:44:17	Müller	Volkmar	1960	Tri-Sport Schwerin e. V.	GER-MVP	00:28:30	10	01:27:24	15	01:55:55	13	00:48:22	10	02:44:17	96
97	422	02:44:39	Maletzki	Wolfgang	1954	AMTV Triathlon Hamburg	GER-HAM	00:27:40	3	01:25:04	6	01:52:45	5	00:51:53	8	02:44:39	97
98	454	02:44:41	Kraut	Norbert	1967		GER-HAM	00:26:25	13	01:24:01	17	01:50:26	15	00:54:14	34	02:44:41	98
99	627	02:44:59	Bantin	Dr. Jörg	1968		GER-HAM	00:30:12	30	01:27:58	30	01:58:11	31	00:46:48	18	02:44:59	99
100	708	02:45:21	Lenz	Felix	1987	werk3 Triathlon Hamburg	GER-HAM	00:22:29	1	01:28:14	2	01:50:44	2	00:54:37	2	02:45:21	100
101	508	02:45:29	Rehn	Stephan	1965		GER-HAM	00:30:59	30	01:21:28	13	01:52:27	18	00:53:02	32	02:45:29	101
102	620	02:45:32	Dahms	Andreas	1980	BSG T-Systems / BSV HH	GER-HAM	00:26:52	6	01:21:49	9	01:48:41	7	00:56:51	15	02:45:32	102
103	493	02:46:11	Oltmann	Jörn	1965	USC Paloma	GER-HAM	00:33:30	35	01:25:11	22	01:58:42	27	00:47:29	18	02:46:11	103
104	713	02:46:20	Hansen	Julius	1968	RV - Endspurt	GER-HAM	00:24:29	13	01:30:46	36	01:55:16	25	00:51:03	29	02:46:20	104
105	722	02:46:22	Radigk	Ralph	1969		GER-HAM	00:31:12	34	01:29:43	35	02:00:56	34	00:45:25	11	02:46:22	105
106	496	02:46:28	Hofmann	Norbert	1961	VfL Jesteburg	GER-NIE	00:31:54	18	01:23:54	11	01:55:49	12	00:50:39	18	02:46:28	106
107	413	02:46:37	lbs	Thomas	1966		GER-HAM	00:28:15	18	01:29:14	26	01:57:29	24	00:49:07	25	02:46:37	107
108	615	02:46:52	Maak	Andreas	1970		GER-HAM	00:30:47	33	01:26:20	23	01:57:08	28	00:49:44	27	02:46:52	108
109	408	02:47:16	Streitenberger	Ulrich	1966		GER-NIE	00:26:31	14	01:25:07	20	01:51:38	16	00:55:37	35	02:47:16	109

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## Triathlon ( 1,5 / 44 / 10 )

### Triathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
110	388	02:47:28	Rottmann	Eric	1966		GER-HAM	00:29:30	23	01:25:29	24	01:55:00	21	00:52:28	31	02:47:28	110
111	535	02:47:34	Förster	Christo	1977	Fit for Fun Verlags GmbH	GER-HAM	00:33:15	16	01:29:16	15	02:02:32	16	00:45:02	10	02:47:34	111
112	687	02:47:57	Boy	Andreas	1978	Kaifu Tri Team	GER-HAM	00:32:24	13	01:24:37	10	01:57:02	12	00:50:55	13	02:47:57	112
113	530	02:48:10	Genscke	Gert	1956		GER-HAM	00:28:17	4	01:29:07	8	01:57:25	6	00:50:45	7	02:48:10	113
114	675	02:48:11	Ortfeld	Rainer	1970		GER-HAM	00:27:42	24	01:29:35	33	01:57:17	29	00:50:53	28	02:48:11	114
115	472	02:48:33	Göbel	Holger	1963		GER-HAM	00:29:51	25	01:31:10	29	02:01:01	30	00:47:31	19	02:48:33	115
116	458	02:48:36	Bensmann	Frank	1955	VfL Jesteburg	GER-NIE	00:31:10	6	01:27:02	7	01:58:13	7	00:50:23	6	02:48:36	116
117	470	02:48:45	Ebert	Andreas	1963	Tri-Michels Hamburg	GER-HAM	00:35:21	40	01:24:00	16	01:59:22	28	00:49:23	26	02:48:45	117
118	395	02:49:04	Koziol	Rüdiger	1965	Lebensfitness e.V.	GER-HAM	00:32:48	33	01:25:04	19	01:57:53	25	00:51:11	30	02:49:04	118
119	668	02:49:09	Boknecht	Thorsten	1974		GER-NIE	00:28:58	11	01:30:32	16	01:59:31	15	00:49:37	17	02:49:09	119
120	524	02:49:37	Wutzke	Volker	1959	MTV Ashausen	GER-NIE	00:35:43	22	01:23:58	12	01:59:41	18	00:49:56	15	02:49:37	120
121	463	02:51:25	Reimann	Frank	1960	Tri-EMTV Elmshorn	GER-SH	00:27:42	6	01:30:25	18	01:58:08	16	00:53:16	20	02:51:25	121
122	445	02:51:41	Püschel	Prof. Dr. Klaus	1952		GER-HAM	00:37:34	6	01:39:42	5	02:17:16	6	00:34:25	1	02:51:41	122
123	719	02:51:58	Harder	Marcus	1982	TT TUHH	GER-HAM	00:36:38	16	01:32:29	15	02:09:08	16	00:42:50	5	02:51:58	123
124	510	02:52:10	Irlenkäuser	Olaf	1966	VfL Jesteburg	GER-NIE	00:24:25	5	01:33:50	31	01:58:16	26	00:53:53	33	02:52:10	124
125	532	02:52:23	Rumpelt	JOchen	1962		GER-NIE	00:30:20	16	01:32:19	19	02:02:40	19	00:49:43	13	02:52:23	125
126	717	02:52:46	Konieczny	Gordon	1972	TSH Team Bergamont	GER-HAM	00:26:32	19	01:29:18	32	01:55:50	27	00:56:56	35	02:52:46	126
127	404	02:52:57	Uhlemann	Frank-Martin	1959	RSG Blankenese	GER-HAM	00:31:39	17	01:26:00	14	01:57:39	14	00:55:18	21	02:52:57	127
128	697	02:53:09	Kloes	Daniel	1969		GER-HAM	00:29:54	28	01:27:27	28	01:57:22	30	00:55:47	34	02:53:09	128
129	429	02:53:38	Meyer	Matthias	1964	Elmshorner MTV	GER-SH	00:33:17	34	01:19:35	9	01:52:52	19	01:00:45	38	02:53:38	129
130	452	02:54:19	Karrasch	Dirk	1967		GER-HAM	00:29:21	22	01:38:03	37	02:07:25	36	00:46:53	16	02:54:19	130
131	441	02:54:26	Wehrs	Roman	1965	HNT- Triathlon	GER-HAM	00:34:11	36	01:32:05	30	02:06:16	33	00:48:09	22	02:54:26	131
132	618	02:54:26	Harke	Sebastian	1980		GER-HAM	00:30:14	10	01:34:03	16	02:04:18	15	00:50:08	12	02:54:26	132
133	420	02:55:10	Fisser	Ralf	1965		GER-HAM	00:34:46	38	01:30:20	28	02:05:07	32	00:50:03	28	02:55:10	133

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## Triathlon ( 1,5 / 44 / 10 )

### Triathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
134	670	02:55:50	Wimmer	Georg	1971	TT HSU Hamburg	GER-HAM	00:33:56	39	01:34:11	37	02:08:07	39	00:47:42	21	02:55:50	134
135	421	02:56:07	Ruscoe	Alan David	1962		GER-HAM	00:33:37	20	01:32:48	20	02:06:26	20	00:49:41	12	02:56:07	135
136	625	02:56:27	Strokosch	Michael	1970	Kaifu Tri Team e.V.	GER-HAM	00:41:57	41	01:24:48	21	02:06:45	37	00:49:41	26	02:56:27	136
137	649	02:56:48	Joswig	Sören	1970		GER-NIE	00:31:54	36	01:29:13	31	02:01:08	35	00:55:40	33	02:56:48	137
138	529	02:57:43	Dohrn	Frank	1958	AMTV Hamburg	GER-HAM	00:33:29	19	01:33:10	21	02:06:39	21	00:51:03	19	02:57:43	138
139	537	02:57:45	Schmidt	Eric	1964	Fit for Fun Verlags GmbH	GER-HAM	00:32:26	32	01:34:14	32	02:06:40	34	00:51:04	29	02:57:45	139
140	390	02:57:50	Bumann	Rolf	1943	TUS Holstein Quickborn	GER-HAM	00:34:55	1	01:29:48	2	02:04:44	2	00:53:06	2	02:57:50	140
141	700	02:58:48	Halden	Gunnar	1978		GER-HAM	00:32:25	14	01:26:22	11	01:58:48	13	01:00:00	16	02:58:48	141
142	509	03:02:50	Hardie	Peter	1954		GER-HAM	00:34:59	10	01:32:41	9	02:07:40	10	00:55:09	9	03:02:50	142
143	501	03:03:27	Wieneke	Reiner	1951	Hamburger Triathlon Verb.	GER-NIE	00:37:16	5	01:29:51	3	02:07:08	4	00:56:19	4	03:03:27	143
144	710	03:03:36	Winkelmann	Sven	1970		GER-HAM	00:24:22	12	01:34:58	38	01:59:20	33	01:04:15	37	03:03:36	144
145	695	03:06:04	Drust	Holger	1972		GER-HAM	00:24:06	9	01:43:05	40	02:07:12	38	00:58:51	36	03:06:04	145
146	428	03:08:01	Vorlicek	Thomas	1965	TSH Team Bergamont	GER-HAM	00:29:39	24	01:37:40	36	02:07:20	35	01:00:41	37	03:08:01	146
147	474	03:08:01	Pohlmann	Hermann	1938	TSG Bergedorf	GER-HAM	00:38:17	1	01:32:35	1	02:10:53	1	00:57:08	1	03:08:01	147
148	619	03:08:13	Dahm	Christoph	1968		GER-HAM	00:34:00	40	01:29:42	34	02:03:42	36	01:04:31	38	03:08:13	148
149	489	03:08:44	Bähr	Matthias	1963		GER-HAM	00:32:05	31	01:35:47	34	02:07:53	37	01:00:50	39	03:08:44	149
150	475	03:08:58	Brockmann	Herbert	1950	Walddörfer SV	GER-HAM	00:30:27	2	01:32:14	4	02:02:42	3	01:06:16	5	03:08:58	150
151	656	03:09:37	Quaas	Mathias	1978		GER-HAM	00:40:12	17	01:36:00	17	02:16:13	17	00:53:24	14	03:09:37	151
152	525	03:09:39	Schilensky	Peer	1963		GER-HAM	00:34:19	37	01:36:55	35	02:11:14	38	00:58:24	36	03:09:39	152
153	704	03:10:14	Wiedemann	Marc	1979	Tri Michels Hamburg	GER-HAM	00:33:29	15	01:29:50	13	02:03:20	14	01:06:53	17	03:10:14	153
154	531	03:10:48	Meinhold	Hans-Peter	1956		GER-NIE	00:31:20	7	01:33:14	10	02:04:35	9	01:06:12	10	03:10:48	154
155	393	03:15:31	Seemann	Gunar	1977	TUS Holstein Quickborn	GER-HAM	00:57:55	17	01:28:42	14	02:26:37	17	00:48:53	15	03:15:31	155
156	699	03:22:46	Kronenberg	Michael	1969		GER-SH	00:32:52	38	01:38:52	39	02:11:45	40	01:11:01	39	03:22:46	156
157	469	03:38:30	Ruschmeyer	Ralph	1960		GER-HAM	00:33:59	21	01:55:02	22	02:29:01	22	01:09:28	22	03:38:30	157

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## Triathlon ( 1,5 / 44 / 10 )

### Triathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	534	02:29:38	Kühner	Dr. Lucia	1974	Triabolos Hamburg		00:23:59	1	01:21:13	1	01:45:13	1	00:44:25	2	02:29:38	1
2	444	02:31:54	Klumb	Jessica	1971	VfL Jesteburg	GER-NIE	00:24:07	1	01:25:13	1	01:49:20	1	00:42:33	1	02:31:54	2
3	426	02:32:08	Simon	Daniela	1974	Team Triathlon Hamburger Hochschulen	GER-HAM	00:24:48	2	02:07:12	11	02:32:00	10	00:00:08	1	02:32:08	3
4	418	02:32:44	Helbig	Leana	1981	werk3 Triathlon Hamburg	GER-HAM	00:24:25	1	01:26:22	2	01:50:47	2	00:41:56	1	02:32:44	4
5	382	02:37:35	Lobach	Bente	1981	Triabolos Hamburg	GER-HAM	00:28:40	6	01:21:18	1	01:49:58	1	00:47:37	3	02:37:35	5
6	498	02:39:01	Kersten	Ines	1962	Laufwerk Hamburg e.V. Hamburg e.V.	GER-HAM	00:29:32	3	01:22:20	1	01:51:53	1	00:47:07	1	02:39:01	6
7	415	02:39:39	Uhlig	Vanessa	1978	Lebensfitness e.V.	GER-HAM	00:24:49	2	01:29:03	3	01:53:52	3	00:45:46	2	02:39:39	7
8	391	02:42:23	Engelbrecht-Hoch	Martina	1964	TUS Holstein Quickborn	GER-HAM	00:28:10	3	01:25:29	1	01:53:40	1	00:48:42	2	02:42:23	8
9	457	02:48:27	Garrelts	Svenja	1963	Walddörfer SV	GER-HAM	00:25:17	1	01:36:55	4	02:02:12	3	00:46:14	1	02:48:27	9
10	497	02:50:58	Jung	Daniela	1977	Team Triathlon Hamburger Hochschulen	GER-HAM	00:27:54	3	01:27:26	2	01:55:21	2	00:55:37	9	02:50:58	10
11	502	02:51:39	Püschel	Vesna	1982	Kaifu Tri Team	GER-HAM	00:28:52	7	01:29:34	4	01:58:26	5	00:53:12	4	02:51:39	11
12	468	02:51:57	Fink	Susanne	1961	Kaifu Tri Team	GER-HAM	00:28:03	2	01:29:31	2	01:57:34	2	00:54:22	2	02:51:57	12
13	403	02:52:31	Kippenberger	Regina	1964	Kaifu Tri Team	GER-NRW	00:28:00	2	01:32:33	3	02:00:34	2	00:51:57	3	02:52:31	13
14	424	02:52:58	Neumann	Maike	1973	Kaifu Tri Team	GER-HAM	00:29:28	5	01:29:29	4	01:58:57	4	00:54:00	7	02:52:58	14
15	448	02:53:45	Hartenberger	Agnes	1979	Walddörfer SV	GER-HAM	00:25:25	3	01:30:29	5	01:55:55	4	00:57:49	6	02:53:45	15
16	499	02:55:19	Anguiano	Andrea	1974	werk3 Triathlon Hamburg	GER-HAM	00:31:48	6	01:32:48	5	02:04:36	5	00:50:43	4	02:55:19	16
17	461	02:57:03	Calle Lambach	Dr. Inés	1974	Lebensfitness e.V.	GER-HAM	00:34:41	9	01:34:31	7	02:09:12	6	00:47:50	3	02:57:03	17
18	398	02:58:09	März	Annette	1980	Team Triathlon Hamburger Hochschulen	GER-HAM	00:25:39	4	01:33:57	6	01:59:37	6	00:58:32	8	02:58:09	18
19	480	02:59:00	Timm	Heike	1982	Tri EMTV Elmshorn	GER-SH	00:26:52	5	01:38:48	9	02:05:41	8	00:53:19	5	02:59:00	19
20	451	02:59:16	Röper	Jaana	1968	TS Harburg	GER-HAM	00:33:22	3	01:33:30	3	02:06:52	2	00:52:23	3	02:59:16	20

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## Triathlon ( 1,5 / 44 / 10 )

### Triathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
21	430	03:00:45	Kippenberger	Carola	1964	Kaifu Tri Team	GER-NRW	00:32:45	4	01:29:49	2	02:02:34	4	00:58:10	4	03:00:45	21
22	436	03:03:11	Feurle	Uta	1973	Team Triathlon Hamburger Hochschulen	GER-HAM	00:32:12	7	01:37:49	9	02:10:01	8	00:53:09	6	03:03:11	22
23	519	03:03:47	Janssen	Simone	1976	RVB-Hamburg	GER-HAM	00:35:06	10	01:34:11	6	02:09:17	7	00:54:29	8	03:03:47	23
24	434	03:03:50	Jacobsen	Karina	1978	-	GER-HAM	00:31:13	9	01:34:12	7	02:05:26	7	00:58:24	7	03:03:50	24
25	536	03:05:09	Willer	Cathrin	1973	Fit for Fun Verlags GmbH	GER-HAM	00:36:31	11	01:36:02	8	02:12:34	9	00:52:34	5	03:05:09	25
26	506	03:05:27	Lau	Christel	1949	HNT- Triathlon	GER-HAM	00:34:35	1	01:31:49	1	02:06:25	1	00:59:01	1	03:05:27	26
27	491	03:07:36	Friedrich	Silke	1971	SG Haspa	GER-HAM	00:30:50	2	01:45:37	5	02:16:27	4	00:51:08	2	03:07:36	27
28	435	03:09:26	Grabowski	Dagmar	1959	RVB-Hamburg e.V.	GER-HAM	00:24:40	1	01:34:02	3	01:58:42	3	01:10:44	4	03:09:26	28
29	513	03:09:45	Ehlers	Meike	1979	MTV Ashausen	GER-NIE	00:29:59	8	01:36:59	8	02:06:59	9	01:02:45	9	03:09:45	29
30	464	03:09:56	Dose	Carmen	1972	SV Fortuna Bösdorf	GER-SH	00:33:40	4	01:33:13	2	02:06:54	3	01:03:02	5	03:09:56	30
31	447	03:17:15	Behling	Mirja	1971	SC Hammaburg	GER-HAM	00:39:24	5	01:40:52	4	02:20:17	5	00:56:57	4	03:17:15	31
32	485	03:19:12	Ahrens	Sabine	1960	MTV Ashausen	GER-NIE	00:35:40	4	01:46:02	4	02:21:42	4	00:57:29	3	03:19:12	32
33	79	03:38:05	Häupke	Nina	1986	ATSV	GER-HAM	00:31:31	1	01:48:06	1	02:19:38	1	01:18:26	1	03:38:05	33
34	417	03:39:36	Wolthausen	Elsabe	1974	TS Harburg	GER-HAM	00:33:46	8	02:00:38	10	02:34:25	11	01:05:10	10	03:39:36	34

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