



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
1. TTS Tri Team Hamburg			1:00:14 Std.					
92	BEST Ruben	1990	DNS	11:18	1:10	28:14	0:56	18:36
91	GÜNTHER Fabian	1994	DNS	11:14	1:13	28:14	0:57	18:38
95	WERLE Niels	1990	DNS	11:16	1:12	28:15	0:55	18:36
94	* RÖHRKEN Golo	1988	DNS	11:17	1:10	28:17	0:55	18:37
93	ORANIENBURG Kim	1989	DNS	11:14	1:15	28:14	0:54	20:18
2. RSC Lüneburg Triathlon			1:00:51 Std.					
36	BEHRENS Timo	2001	DNS	10:13	1:13	28:48	0:50	19:49
40	SCHÖNKE Fabian	2003	DNS	10:06	1:18	28:49	0:50	19:50
39	PARGÄTZI Jonathan	1983	DNS	10:18	1:07	28:46	0:51	19:50
37	* FRENZ Kjon	2002	DNS	10:12	1:11	28:51	0:49	19:49
3. USC Kiel Herren			1:02:50 Std.					
104	TEUPKE Sven	1998	DNS	10:39	1:35	29:54	0:59	19:45
103	PLAMBECK Florian	1995	DNS	10:52	1:19	29:53	1:00	19:47
101	DAHLKÄMPER Lars	1991	DNS	10:55	1:21	29:51	0:58	19:46
105	* WINKLER Benjamin	1984	DNS	10:43	1:30	29:55	0:57	19:47
4. ESV Eintracht Hameln			1:02:57 Std.					
17	ENDER Björn	1985	DNS	11:01	1:33	29:59	1:05	19:21
18	KRUG Garvin	1981	DNS	10:56	1:35	30:00	1:08	19:21
20	WINTERHOLLER Andreas	1983	DNS	10:54	1:38	30:00	1:06	19:22
19	* SCHWARZ Stefan	1979	DNS	11:05	1:27	30:01	1:06	19:20
16	BEHRENS Daniel	1986	DNS	10:54	1:37	30:04	1:04	23:04
5. Triathlöwen Bremen			1:03:12 Std.					
80	SCHRÖDER Julian	1991	DNS	11:13	1:17	29:45	0:57	20:01
78	REHKUGLER Justus	1998	DNS	11:14	1:16	29:48	0:54	20:01
76	DELLKE Niklas	1996	DNS	11:08	1:25	29:45	0:57	20:00
77	* GÜNTHER Fabian	1990	DNS	11:08	1:25	29:43	0:58	20:00
6. Triathlon Team Braunschweig			1:03:30 Std.					
68	KNIESE Konstantin	1986	DNS	11:23	1:26	29:40	0:56	20:06
67	HEISE Niklas	1996	DNS	11:30	1:22	29:38	0:57	20:04
69	SCHIWIORA Nils	1988	DNS	11:25	1:28	29:47	0:47	20:06
70	* WOLTER Lars	1998	DNS	11:29	1:22	29:41	0:54	20:05
66	BLOSS Erik	1996	DNS	11:30	1:20	29:42	0:55	24:45
7. TriTeam triZack II			1:03:47 Std.					
86	WINKELMANN Thomas	1982	DNS	9:51	1:16	31:25	0:54	20:22
90	STADER Moritz	1993	DNS	9:49	1:16	31:30	0:52	20:22
89	REIS Stephan	1990	DNS	9:49	1:16	31:30	0:52	20:23
88	* WEN Dennis	1991	DNS	9:50	1:14	31:29	0:55	20:22
8. Hannover 96 II			1:04:12 Std.					
29	KESSLER Claudius	1992	DNS	11:11	2:11	29:33	0:59	20:19
26	GÜNTHER Jakob	1986	DNS	12:16	1:12	29:29	0:56	20:21
30	LANGE Ulf	1980	DNS	11:11	2:14	29:33	0:57	20:20
27	* HEIN Markus	1986	DNS	10:55	2:28	29:32	0:58	20:20
9. TuS BW Lohne Triathlon			1:04:17 Std.					
99	OLBERDING Patrick	1994	DNS	11:22	1:27	30:15	0:56	20:17
100	SCHLÖMER Malte	1994	DNS	11:31	1:17	30:17	0:55	20:18
98	HINTZE Benedikt	1981	DNS	11:38	1:14	30:13	0:56	20:17
96	* FÖHSE Marvin	1995	DNS	11:25	1:25	30:16	0:53	20:19



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
10. Triathlon Team Buxtehude			1:04:49 Std.					
73	HADLER Paul	2003	DNS	11:38	2:06	29:44	0:56	20:27
75	SCHULZ Matthias	1982	DNS	11:42	2:02	29:45	0:56	20:26
71	FLÄMIG Floyd	2000	DNS	11:36	2:10	29:43	0:58	20:25
74	* MORITZ Wanja	1985	DNS	11:41	2:03	29:47	0:57	20:24
11. Intersport B&H Sport-Club Itzehoe II			1:04:51 Std.					
34	KOPACZ Tim	1997	DNS	10:39	1:09	30:34	0:57	21:33
33	KÖHNE Thilo	2000	DNS	10:41	1:12	30:27	0:57	21:35
32	GROTH Jonias	2002	DNS	10:28	1:22	30:29	0:57	21:36
31	* HEINRICHS Thies	2002	DNS	10:35	1:17	30:30	0:56	21:35
12. TriAs Hildesheim I			1:05:02 Std.					
64	MUMME Julius	1995	DNS	10:54	1:33	29:55	0:59	21:42
61	BRAUMANN Florian	1991	DNS	10:55	1:32	29:58	0:56	21:43
65	SCHATTMANN Felix	1998	DNS	11:00	1:30	29:53	1:01	21:40
62	* HORLBECK Dominique	1999	DNS	11:15	1:17	29:52	0:59	21:42
13. Team TSV Bargteheide			1:05:14 Std.					
55	STÜFEN Lukas	1999	DNS	10:48	1:10	30:27	0:54	21:55
52	FITSCHEN Lasse	2002	DNS	10:44	1:13	30:26	0:57	21:55
54	SCHOTT Jonas	1997	DNS	10:51	1:09	30:26	0:54	21:56
53	* RAABE Patrick	1986	DNS	10:52	1:08	30:25	0:54	21:58
14. FC St. Pauli Triathlon Regionalliga Team			1:05:47 Std.					
24	LOBEDA Alexander	1988	DNS	12:19	1:45	29:53	1:06	20:45
21	BACMEISTER Lucas	1990	DNS	12:41	1:24	29:50	1:06	20:47
25	NAVARRETE Guillermo (ESP)	1984	DNS	12:22	1:41	29:57	1:03	20:46
22	* BLOHM Philipp	1996	DNS	12:42	1:25	29:55	1:02	20:46
23	GALLASTEGUI Xabi (ESP)	1987	DNS	12:21	1:41	29:57	1:04	22:34
15. Stader SV Team			1:06:04 Std.					
44	SAHLKE Max	1997	DNS	11:49	1:11	30:44	0:57	21:25
45	WINTER Jonas	2000	DNS	11:50	1:08	30:48	0:56	21:24
42	EVERSEN Jeroen	2000	DNS	11:53	1:08	30:43	0:58	21:24
41	* ELFERS Julian	1994	DNS	11:53	1:09	30:43	0:56	21:25
43	LUU Daniel Phu	1991	DNS	11:53	1:06	30:43	0:59	26:09
16. Tri-Michels Hamburg			1:06:39 Std.					
85	NOTHBAAR Jan Hendrik	1991	DNS	12:10	1:20	29:59	1:16	21:55
83	HEINZE Stephan	1987	DNS	12:13	1:20	30:00	1:14	21:54
82	EICKHOFF Felix	1984	DNS	11:55	1:37	30:03	1:11	21:55
81	* BAY Ben	1992	DNS	12:11	1:22	29:59	1:14	21:56
84	KORDES Maximilian	2000	DNS	11:55	1:39	30:04	1:08	24:11
17. ASC Göttingen Tri Team I			1:06:41 Std.					
9	SCHÜLER Philipp	1971	DNS	11:39	1:35	31:04	1:18	21:06
10	UHDE Niels	1985	DNS	11:43	1:31	30:59	1:23	21:07
6	BAYER Franz	1993	DNS	11:45	1:28	30:57	1:25	21:07
8	* SCHÜLER Luca	2002	DNS	11:35	1:41	30:58	1:22	21:08
18. Athletico Büdelsdorf			1:07:03 Std.					
12	KÖNIG Lars	1974	DNS	12:00	1:43	30:35	1:10	21:36
14	RICHTER Steffen	1979	DNS	11:59	1:38	30:41	1:11	21:35
13	LANKAU Tim	1978	DNS	12:02	1:41	30:39	1:08	21:35
15	* WICHMANN Frank	1975	DNS	12:01	1:38	30:43	1:07	21:36
11	HERZIG Jonathan	2000	DNS	12:01	1:39	30:41	1:08	31:07

24. Vierlanden-Triathlon 2019

Ergebnisliste Mannschaftswertung Regionalliga Männer



SNR	Name	Jg.	Zeit	SWIM	T1	BIKE	T2	RUN
19. 1. TCO die bären			1:07:31 Std.					
5	VOLKENS Knut	1988	DNS					
3	POTTEBAUM Mathis	1981	DNS	11:18	1:41	31:13	1:11	22:09
2	HANNAWALD Finn	2000	DNS	11:43	1:21	31:06	1:12	22:10
1	* ARLINGHAUS Michel	2002	DNS	11:17	1:44	31:12	1:09	22:10
4	ROSENAU Erik	2001	DNS	11:22	1:42	31:09	1:11	25:30
20. Triabolos Hamburg e.V.			1:07:35 Std.					
56	GÖTTSCHE Sören	1985	DNS	11:38	1:28	31:55	1:07	21:30
60	PFEIFFER Malte	1988	DNS	11:40	1:30	31:48	1:07	21:31
59	HUTH Oliver	1993	DNS	11:44	1:23	31:54	1:06	21:31
58	* HÖFELER Thormen	1992	DNS	11:37	1:27	31:54	1:09	21:31
21. Startgemeinschaft HT16 / Triathlon Team Hamburg			1:09:18 Std.					
47	FROMMHOLZ Marco	1987	DNS	12:36	1:26	31:11	1:08	22:57
46	FRIEDRICHS Torben	1992	DNS	12:37	1:24	31:13	1:07	22:58
50	WILLER Maximilian	1991	DNS	12:41	1:20	31:10	1:12	22:57
48	* OBENAU Oliver	1981	DNS	12:39	1:20	31:13	1:09	22:59
49	SASSE Karsten	1977	DNS	12:39	1:24	31:11	1:07	24:16

Anzahl: 93;

* = gewertet;

Z = Zeitstrafe